

Mental Health Resources at the University of Michigan



www.rackham.umich.edu/student_life/advice_support/mental_health/



Counseling/Treatment

1 Psychiatric Emergency Services at University Hospital

Phone: 734-936-5900
24 Hour Crisis Phone Line: 734-996-4747
Location: Next to Emergency Medicine at University Hospital. Floor B1, Room B1B205, 1500 East Medical Center Drive
Hours: 24 hours a day, 7 days a week
Eligibility: Anyone seeking emergency psychiatric care
Appointments: Walk-in only

2 Counseling and Psychological Services (CAPS)

Phone: 734-764-8312
www.umich.edu/~caps/; www.mitalk.org
Location: 3100 Michigan Union, 530 S. State St.
Hours: Monday, Wednesday, Thursday and Friday, 8 a.m. - 5 p.m.; Tuesday, 8 a.m. - 8 p.m. during fall/winter semesters
Eligibility: Currently enrolled U-M students
Appointments: Scheduled throughout the week. NOTE: Consultation and urgent concerns can be addressed by the Counselor on Duty between 8 a.m. and 4 p.m.

3 Outpatient Clinic - Department of Psychiatry

Phone: 734-764-0231
www.med.umich.edu/psych/amb/programs/
Location: Rachel Upjohn Building, East Medical Campus, 4250 Plymouth Road, Ann Arbor
Hours: Monday - Friday, 8 a.m. - 5 p.m.; some therapists have late hours
Eligibility: Referral only
Appointments: Required

4 Psychological Clinic

Phone: 734-764-3471
www.psychclinic.org/
Location: Suite 2463 East Hall, 530 Church St.
Hours: Monday - Thursday, 8 a.m. - 9 p.m.; Friday 8 a.m. - 6 p.m.
Eligibility: Open to all over 18, no need for U-M affiliation
Appointments: Required

5 University Center for the Child and the Family (UCCF)

Phone: 734-764-9466
www.umucf.org/
Location: Suite 1465, East Hall, 530 Church St.
Hours: Monday - Thursday, 8 a.m. - 9 p.m.; Friday, 8 a.m. - 5 p.m.
Eligibility: Open to the public; no need for U-M affiliation
Appointments: Required

6 North Campus Family Health Services (NCFHS)

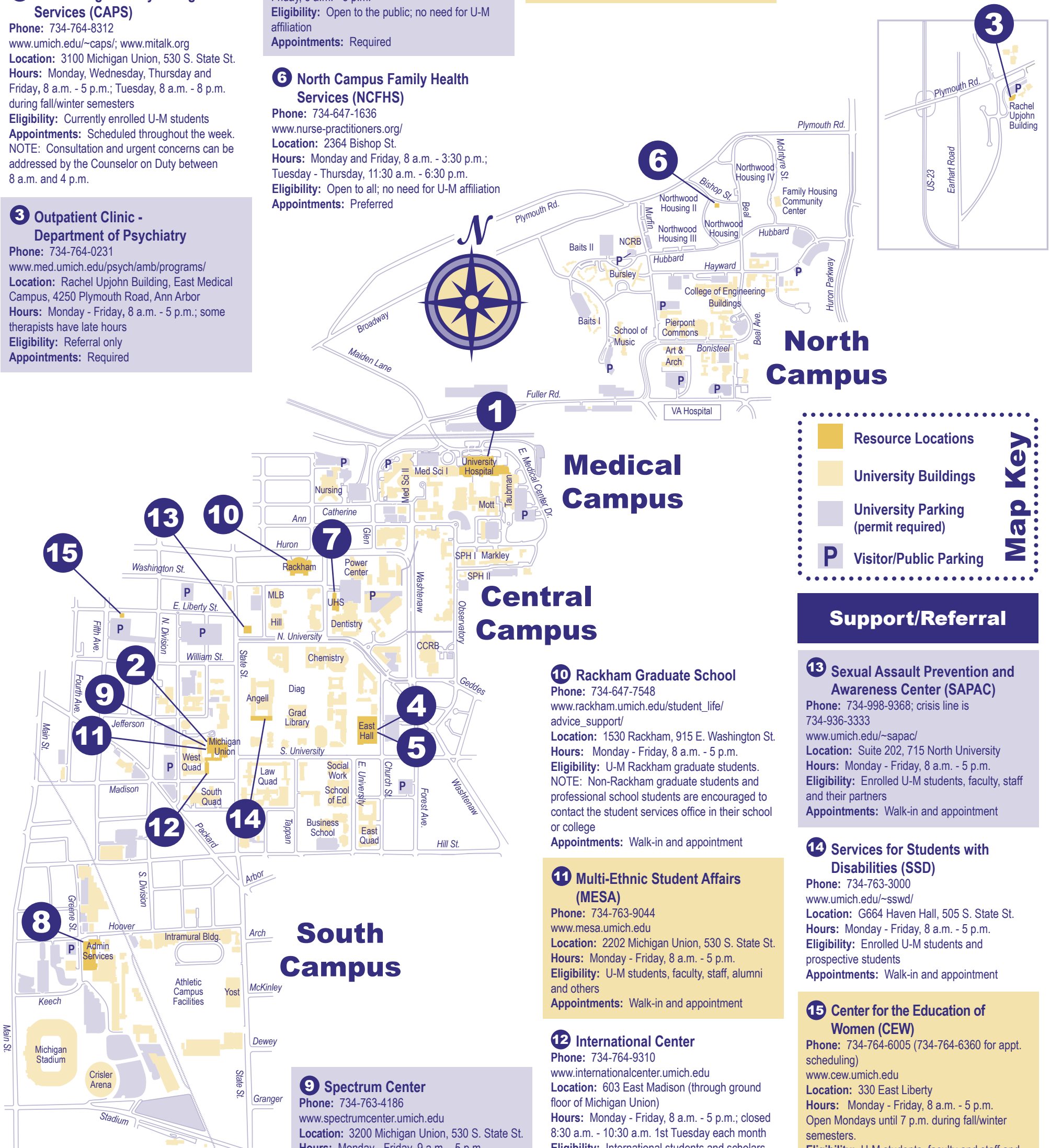
Phone: 734-647-1636
www.nurse-practitioners.org/
Location: 2364 Bishop St.
Hours: Monday and Friday, 8 a.m. - 3:30 p.m.; Tuesday - Thursday, 11:30 a.m. - 6:30 p.m.
Eligibility: Open to all; no need for U-M affiliation
Appointments: Preferred

7 University Health Service (UHS)

Phone: 734-764-8320 (734-764-8325 for appt. scheduling)
www.uhs.umich.edu/
NOTE: For urgent concerns when UHS is closed, call 734-662-5674.
Location: 207 Fletcher St.
Hours: Monday, Tuesday, Wednesday, 8 a.m. - 5:30 p.m.; Thursday, 9 a.m. - 5:30 p.m.; Friday, 8 a.m. - 4:30 p.m.; Saturday, 9 a.m. - noon (changes by semester)
Eligibility: Currently enrolled U-M students may use UHS and pay little or nothing; non-enrolled students, spouses, domestic partners, dependents (10 years and older), faculty, staff, and alumni may use UHS and must pay or use billable insurance.
Appointments: Walk-in and appointment

8 Faculty and Staff Assistance Program (FASAP)

Phone: 734-936-8660
www.umich.edu/~fasap/
Location: 2076 Administrative Services Bldg., 1009 Greene St.
Hours: Monday, 8 a.m. - 6 p.m.; Tuesday - Friday, 8 a.m. - 5 p.m.
Eligibility: Staff—this includes GSIs, GSRAs and GSSAs—faculty, retirees, and immediate family members
Appointments: Recommended



Map Key

- Resource Locations
- University Buildings
- University Parking (permit required)
- Visitor/Public Parking

Support/Referral

13 Sexual Assault Prevention and Awareness Center (SAPAC)

Phone: 734-998-9368; crisis line is 734-936-3333
www.umich.edu/~sapac/
Location: Suite 202, 715 North University
Hours: Monday - Friday, 8 a.m. - 5 p.m.
Eligibility: Enrolled U-M students, faculty, staff and their partners
Appointments: Walk-in and appointment

14 Services for Students with Disabilities (SSD)

Phone: 734-763-3000
www.umich.edu/~sswd/
Location: G664 Haven Hall, 505 S. State St.
Hours: Monday - Friday, 8 a.m. - 5 p.m.
Eligibility: Enrolled U-M students and prospective students
Appointments: Walk-in and appointment

15 Center for the Education of Women (CEW)

Phone: 734-764-6005 (734-764-6360 for appt. scheduling)
www.cew.umich.edu
Location: 330 East Liberty
Hours: Monday - Friday, 8 a.m. - 5 p.m. Open Mondays until 7 p.m. during fall/winter semesters.
Eligibility: U-M students, faculty and staff and members of the surrounding community, both men and women
Appointments: Required

9 Spectrum Center

Phone: 734-763-4186
www.spectrumcenter.umich.edu
Location: 3200 Michigan Union, 530 S. State St.
Hours: Monday - Friday, 9 a.m. - 5 p.m.
Eligibility: U-M students, faculty, staff, alumni and others in the community
Appointments: Walk-in and appointment

10 Rackham Graduate School

Phone: 734-647-7548
www.rackham.umich.edu/student_life/advice_support/
Location: 1530 Rackham, 915 E. Washington St.
Hours: Monday - Friday, 8 a.m. - 5 p.m.
Eligibility: U-M Rackham graduate students.
NOTE: Non-Rackham graduate students and professional school students are encouraged to contact the student services office in their school or college
Appointments: Walk-in and appointment

11 Multi-Ethnic Student Affairs (MESA)

Phone: 734-763-9044
www.mesa.umich.edu
Location: 2202 Michigan Union, 530 S. State St.
Hours: Monday - Friday, 8 a.m. - 5 p.m.
Eligibility: U-M students, faculty, staff, alumni and others
Appointments: Walk-in and appointment

12 International Center

Phone: 734-764-9310
www.internationalcenter.umich.edu
Location: 603 East Madison (through ground floor of Michigan Union)
Hours: Monday - Friday, 8 a.m. - 5 p.m.; closed 8:30 a.m. - 10:30 a.m. 1st Tuesday each month
Eligibility: International students and scholars, U.S. students, international faculty and staff, U-M administrators
Appointment: Required