Rackham graduate student?

SERVICES AND SUPPORT FOR YOU

Mentoring: support for getting the mentoring you want and need

Dispute Resolution: formal, informal, confidential resources and referrals

Concern about harassment, discrimination: where to go for help

Support: fellowships, emergency funds, parental leave

www.rackham.umich.edu

(734) 647-9404
Looking for advice on establishing or maintaining a strong relationship with your faculty adviser? The University of Michigan wants you to be successful. Rackham Graduate School offers a helpful guidebook about getting the faculty mentoring you want and need, plus in-person consultations for specific situations. Go to Rackham’s website and search “mentoring,” or contact the Director of Graduate Student Success about ideas and strategies for maintaining a strong relationship with your faculty adviser.

Sometimes disagreements happen, even with the best of intentions. If you have a dispute with faculty or staff about decisions that affect your academic career, you do not need to resolve them alone. You can expect confidential services in a safe environment at Rackham. The Rackham Dispute Resolution Officer provides formal and informal dispute resolution services, provides resources and referrals, and can offer alternative resolution in consultation with other university offices. Search “dispute resolution” on Rackham’s website for our policies, procedures and other materials.

Have you experienced discrimination or harassment? Discrimination or harassment is not tolerated at the University of Michigan. The University has a number of resources available to graduate students who believe they may be the subject of harassment or discrimination. The Office of Institutional Equity (OIE) responds to such complaints (search “OIE” from the University gateway for information). Rackham also offers support and resources for graduate students who believe they have been subjected to harassment or discrimination (search “discrimination” or “harassment” at Rackham’s website for more information).

Do you need assistance with parenting or dependent care? The Rackham Student Parental Accommodation Policy was adopted to help graduate students balance the demands of graduate study and parenting. As part of this policy, graduate students who become new parents can receive up to six weeks of parental accommodation. Search “parental accommodation” on Rackham’s website for details, and search “grad parents” for other resources for students with children. Students with dependents in child care may be eligible for the Child Care Subsidy program, which provides funds to assist students with the cost of licensed child care. Visit the Office of Financial Aid website for information about the subsidy. If you need more than six weeks away from graduate studies to take care of dependents, you may wish to apply for a leave of absence. Search “leave of absence” on the Rackham website for more information.

It can be difficult to strike a healthy balance between the pressures of everyday life and your graduate studies, especially when you are working at the top of your field in a very intense environment with some of the top faculty and students in the field. We can and want to help you cope with stress. To get started, go to Rackham’s website and search “health and wellness” to find links to resources for you.