

# Mental Health Resources at the University of Michigan

rackham.umich.edu/grad-life/health

## Counseling/Treatment

### 1 Psychiatric Emergency Services at University Hospital

Phone: 734-936-5900  
**24 Hour Crisis Phone Line:** 734-996-4747  
**Location:** Next to Emergency Medicine at University Hospital. Floor B1, Room B1A240, 1500 East Medical Center Drive  
**Hours:** 24 hours a day, 7 days a week  
**Eligibility:** Anyone seeking emergency psychiatric care  
**Appointments:** Walk-in  
*\*Transportation available via the Commuter North: pts.umich.edu/maps/commuter\_northbound.pdf and Commuter South: pts.umich.edu/maps/commuter\_southbound.pdf*

### 2 Counseling and Psychological Services (CAPS)

Phone: 734-764-8312  
 caps.umich.edu; mitalk.umich.edu  
**Location:** 3100 Michigan Union, 530 S. State St.  
**Hours:** Monday - Thursday, 8 a.m. - 7 p.m.; Friday, 8 a.m. - 5 p.m. during fall/winter semesters; Monday - Friday, 8 a.m. - 5 p.m. during spring/summer semesters  
**Eligibility:** Currently enrolled U-M students  
**Appointments:** Scheduled throughout the week

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### 3 Outpatient Clinic - Department of Psychiatry

Phone: 734-764-0231  
 psych.med.umich.edu/patient-care  
**Location:** Rachel Upjohn Building, East Medical Campus, 4250 Plymouth Road, Ann Arbor  
**Hours:** Monday - Thursday, 7:30 a.m. - 7 p.m.; Friday, 7:30 a.m. - 5 p.m.  
**Eligibility:** Referral only  
**Appointments:** Required  
*\*Transportation available via the North-East Shuttle: pts.umich.edu/maps/north\_east\_shuttle.pdf*

### 4 University Health Service (UHS)

Phone: 734-764-8320 day or night  
 uhs.umich.edu  
**Location:** 207 Fletcher St.  
**Hours:** Monday, Tuesday, Wednesday, 8 a.m. - 5:30 p.m.; Thursday, 9 a.m. - 5:30 p.m.; Friday, 8 a.m. - 4:30 p.m.; Saturday, 9 a.m. - noon (changes by semester)  
**Eligibility:** Currently enrolled U-M students may use UHS and pay little or nothing; non-enrolled students, spouses, domestic partners, dependents (10 years and older), faculty, staff, and alumni may use UHS and must pay or use billable insurance.  
**Appointments:** Required for most medical services; advice is available by phone; wellness services available

### 5 University Psychological Clinic

Phone: 734-764-3471  
 mari.umich.edu/adult-psychological-clinic  
**Location:** 500 E. Washington St.  
**Hours:** Monday and Wednesday, 9 a.m. - 8 p.m.; Tuesday and Thursday, 8 a.m. - 8 p.m.; Friday, 9 a.m. - 6 p.m.  
**Eligibility:** Open to all over 18, no need for U-M affiliation  
**Appointments:** Required

### 6 University Center for the Child and Family (UCCF)

Phone: 734-764-9466  
 mari.umich.edu/university-center-child-family  
**Location:** 500 E. Washington St.  
**Hours:** Monday and Wednesday, 9 a.m. - 8 p.m.; Tuesday and Thursday, 8 a.m. - 8 p.m.; Friday, 9 a.m. - 6 p.m.  
**Eligibility:** Open to the public; no need for U-M affiliation  
**Appointments:** Required

### 7 Faculty and Staff Assistance Program (FASAP)

Phone: 734-936-8660  
 fasap.umich.edu  
**Location:** 2076 Administrative Services Bldg., 1009 Greene St.  
**Hours:** Monday, 8 a.m. - 6 p.m.; Tuesday - Friday, 8 a.m. - 5 p.m.  
**Eligibility:** Staff—this includes GSIs, GSAs and GSSAs—faculty, retirees, and immediate family members  
**Appointments:** Recommended  
*\*Transportation available via the Commuter North: pts.umich.edu/maps/commuter\_northbound.pdf and Commuter South: pts.umich.edu/maps/commuter\_southbound.pdf*

### 8 University of Michigan Health System Employee Assistance Program (EAP)

Phone: 734-763-5409  
 mhealthy.umich.edu/eap  
**Location:** D2101 Medical Professional Building (MPB), 1500 E. Medical Center Drive  
**Hours:** Monday - Friday, 8 a.m. - 5 p.m.  
 Early morning and late evening appointments available upon request  
**Eligibility:** Faculty and staff of the University of Michigan Health System which includes GSIs, GSAs and GSSAs, retirees and immediate family members seeking short-term consultation and counseling  
**Appointments:** Walk-in and Appointment  
*\*Transportation available via the Commuter North: pts.umich.edu/maps/commuter\_northbound.pdf and Commuter South: pts.umich.edu/maps/commuter\_southbound.pdf*



## North Campus

## Medical Campus

## Central Campus

## South Campus

## Support/Referral

### 10 Rackham Resolution Officer

Phone: 734-936-1647  
 rackham.umich.edu/current-students/help  
**Location:** Schedule appointments in the Rackham Dean's Office, 915 E. Washington St.  
**Hours:** Monday - Friday, 8 a.m. - 5 p.m.  
**Eligibility:** U-M Rackham graduate students  
**NOTE:** Non-Rackham graduate students and professional students are encouraged to contact the student services office in their school or college  
**Appointments:** Walk-in and appointment

### 11 Multi-Ethnic Student Affairs (MESA)

Phone: 734-763-9044  
 mesa.umich.edu  
**Location:** 2202 Michigan Union, 530 S. State St.  
**Hours:** Monday - Friday, 9 a.m. - 5:30 p.m.  
**Eligibility:** U-M students, faculty, staff, alumni and others in the community  
**Appointments:** Walk-in and appointment

### 12 International Center

Phone: 734-764-9310  
 internationalcenter.umich.edu  
**Location:** 1500 Student Activities Building, 515 E. Jefferson St.  
**Hours:** Monday - Friday, 8 a.m. - 5 p.m.; check website for any exceptions  
**Eligibility:** International students and scholars, U.S. students, international faculty and staff, U-M administrators  
**Appointments:** Recommended

### 13 Sexual Assault Prevention and Awareness Center (SAPAC)

Phone: 734-764-7771  
**Crisis Line:** 734-936-3333  
 sapac.umich.edu  
**Location:** Michigan Union, 530 S. State St. Room 1551  
**Hours:** Monday - Friday, 9 a.m. - 5 p.m.  
**Eligibility:** Enrolled U-M students, faculty, staff and their partners  
**Appointments:** Walk-in and appointment

### 14 Services for Students with Disabilities

Phone: 734-763-3000  
 ssd.umich.edu  
**Location:** G664 Haven Hall, 505 S. State St.  
**Hours:** Monday - Friday, 8 a.m. - 5 p.m.  
**Eligibility:** Enrolled U-M students and prospective students  
**Appointments:** Walk-in and appointment

### 15 Center for the Education of Women (CEW)

Phone: 734-764-6005 (734-764-6360 for appt. scheduling)  
 cew.umich.edu  
**Location:** 330 East Liberty  
**Hours:** Monday - Friday, 8 a.m. - 5 p.m.  
 Open Mondays until 7 p.m. during fall/winter semesters.  
**Eligibility:** U-M students, faculty and staff and members of the surrounding community, both men and women  
**Appointments:** Required